

Where did you grow up? Cowbridge.

Where did you go to school?

Ysgol Iolo Morganwg and Ysgol Gyfun Gymraeg Glantaf.

What was the best / worst thing about your school?

I hated travelling on the school bus because of bullies, but I found comfort in going to the music room or the drama studio – like Jac in the book, to some extent.

What did you want to be when you grew up?

An actor. I didn't know any writers and didn't realise that you can have a career in writing!

What was your favourite book when you were a child?

The Witches and To Kill a Mockingbird. I also liked The Chronicles of Narnia and books by Gwenno Hywyn and Irma Chilton.

What are your hobbies?

Writing and composing. I've also started going to the gym and doing weightlifting and having cycling lessons.

What makes you happy?

My husband and children.

What makes you angry?

#LoveReading

My husband and children! And leaders and politicians who lie.

When did you consider being an author?

Ever since I've been able to write, I've been writing creatively. When I was a child, I enjoyed writing short stories and poetry. I think it was my way of preparing myself for the big emotional things in life. I studied English literature – lots of plays - and worked as an usher in a theatre. Then, whilst studying at drama school, I wrote my first play. I was in my forties before writing a novel. I had always wanted to write a novel; books were my first love.





From where do you get your ideas?

Everywhere! Personal experiences, conversations I've overheard, something I've read.

Are there any themes which particularly appeal to you?

Stories about characters on the edge of society; stories of love; stories about characters who overcome big difficulties; stories about magic and mythology; stories about LGBTQ+ characters, and stories around music. I like stories that make me laugh and cry.



What advice can you give to budding authors?

In the words of the band Eden – and these are also in *Jac a'r Angel* – "Paid â bod ofn". (Don't be afraid). Start writing and don't overthink things. Lots of my most successful pieces developed from material I thought was rubbish!

What's the best / worst part about being an author?

Having any audience reading or listening to your work is a privilege, but it can also make you feel vulnerable.

Quick fire questions:

Favourite childhood book? *The Witches and To Kill a Mockingbird.*

Favourite character from a children's book? Paddington, and MissTrunchbull!

Favourite place? Home, Mwnt beach, and Ynys Llanddwyn.

Favourite food? Anything cooked by my husband – he's a genius in the kitchen!

Favourite film or show? The film *Y Dyn Nath Ddwyn y Dolig*, which was the inspiration for *Jac a'r Angel*.

Favourite word? *Ansbaradigaethus* (the Welsh word for 'amazing)'.

Superpower of choice? The ability to fly.

Favourite social media network? Instagram.

What makes you smile? My children in stitches with laughter.

If not an author, what would you be?

The frontman of a cool band performing on the main stage at Glastonbury, or the world's best footballer for at least a day.

Top tip for budding authors?

Everyone has a story to tell, and everyone sees the world differently; write from the heart, and don't be afraid.

